



This is a notice of a drill...this IS NOT an actual emergency!

During the worship service today we will participate in "The Great SouthEast ShakeOut" earthquake drill.

This coming Thursday (October 17th) at 10:17 AM over 15-million people will participate in an earthquake drill. Sleepy Hollow United Methodist Church has registered to participate in the drill at an alternate time...during our worship service today! **Our participation will merely consist of an announcement to make you aware of what to do during an earthquake.**

The likelihood of earthquakes vary depending upon the region where they occur, but risks are present everywhere and becoming aware of basic procedures may help you survive an event regardless of whether you are at home, at work, at school or at church. You may only have seconds to protect yourself in an earthquake, before strong shaking knocks you down--or drops something on you. Practicing helps you be ready to respond.



DROP to the ground (before the earthquake drops you!), Take **COVER** by getting under a sturdy desk or table, and **HOLD ON** to it until the shaking stops.

Stay indoors till the shaking stops and you are sure it is safe to exit. In most buildings in the Southeast you are safer if you stay where you are until the shaking stops.

If you are outdoors when the shaking starts, you should find a clear spot away from buildings, trees, streetlights, and power lines, then Drop, Cover and Hold On. Stay there until the shaking stops.

If you are driving, pull over to a clear location, stop and stay there with your seatbelt fastened until the shaking stops. Once the shaking stops, proceed with caution and avoid bridges or ramps that might have been damaged.

Ground shaking during an earthquake is seldom the cause of injury. Most earthquake-related injuries and deaths are caused by collapsing walls and roofs, flying glass and falling objects. It is extremely important that you move as little as possible to reach the place of safety because most injuries occur when people try to move more than a short distance during the shaking.

Look around you now, before an earthquake. Identify safe places such as under a sturdy piece of furniture or against an interior wall in your home, office or school so that when the shaking starts you can respond quickly. An immediate response to move to the safe place can save lives. And that safe place should be within a few steps to avoid injury from flying debris.

Additional information available at www.shakeout.org/southeast

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